

Protect your privacy with Facebook settings

Keeping your Facebook private is important, and by using the right Facebook settings, you can enjoy social media while staying safe.

Keeping your page private

By making your posts private, you are only allowing the people you choose to see your social media. This is important because many people post about their lives, and if you don't want strangers finding out personal information about you, it's best to make your page private.

 *On the app: **Profile picture in top right corner>Gear icon>Audience visibility***

*On desktop: **Settings and Privacy>Privacy Center>Review Settings>Manage audience settings*** 

What to avoid posting

Putting important information on social media can have real-world consequences. For example, if your address is on Facebook and you post that you're on holiday, people will know your house is empty, putting your house at risk of theft. It's also important you don't post any important passwords or debit card information online to prevent getting hacked.



Only add people you know

It's great to keep in contact with the people you are closest to, such as family and friends. Remember it's your Facebook, and you don't have to add anyone you don't want to, even if you know them well. If you want to keep your Facebook personal, it's best not to add people you know from a professional context, such as colleagues and teachers.

Choose who can contact you

Even if you only add people you know, anyone can message you. You can change this to make sure people that you don't know either can't message you or can only request to message you.



On the app: **Profile picture in top right corner>Gear icon>Audience visibility>How people can find and contact you**

On desktop: **Click on messenger>Click the three dots > Message delivery settings**



Remember, it's not a competition

Social media can become addictive. Just because some people might have more likes than you doesn't mean your posts aren't good. If you find yourself focusing too much on likes, you can turn them off so you won't see the number on your posts or anyone else's.



On the app: **Profile picture in top right corner>Gear icon>Preferences>Reaction Preferences**

On desktop: **Click on messenger>Click the three dots> Message delivery settings**

